

Learning Circle Preschool

Outline for Enrichment Programs

- 11:45-noon** **TRANSITION TO ENRICHMENT PROGRAM**
Children are escorted to the enrichment program room and preparations for lunch are made (bringing lunch in from cubbies, washing up, setting the tables).
- Noon-12: 30** **LUNCH**
Each child has time to eat lunch in a relaxed manner, and, when finished, clears his or her space and moves to the carpet to begin rest time, choosing a book to look at and beginning to use quiet voices.
- 12:30-1:15** **REST/QUIET TIME**
A relaxing mood is set through quiet voices, relaxation exercises, and individual mats for each child. Those children who are unable to sleep are encouraged to quietly look at books, draw, or use other quiet materials.
- 1:15-1:30** **PLANNING MEETING**
Teachers introduce a topic and/or project at this meeting, generating conversations among the children around a common theme. Children discuss afternoon plans and choices with teachers in order to plan for their afternoon time.
- 1:30-2:10** **ACTIVITY PERIOD**
Children begin the activity period with activities and/or projects that follow up from the meeting discussion. If time allows, children explore the various centers and materials in the classroom. The play period ends with a group clean up and preparation for outdoor play.
- 2:10-2:40** **OUTDOOR PLAY**
- 2:40-pick-up** Children gather on the carpet to relax, share thoughts.

Please note that children are toileted throughout the school day, as needed.